## AGENDA REQUEST FOR

The School Board of Broward County, Florida

Meeting Date					Agenda	a Item Number	
8/19/08	OPEN A	GENDA X NO	TIME CERTAIN YES	REQUES	T NO	A-8	
TITLE:				300			
			9.5				
Resolution in Support of Family Day: A Day to Eat Dinner With Your Children September 22, 2008							
REQUESTED ACTI	ON:						
	200000						
Adopt resolution # 09-11, Resolution in Support of Family Day: A Day to Eat Dinner With Your Children - September 22, 2008							
CID O ( ) DV EVEN		,					
SUMMARY EXPLANATION AND BACKGROUND:							
See text of resolution.							
MAJOR SYSTEM G	OALS:						
_•Goal One:	Raise achievement of all stueducation.	idents to ensure gra	duation from high school	l and read	iness for post-sec	ondary	
_•Goal Two:	Improve the health and wel	llness of students a	nd personnel.				
•Goal Three:	Provide a safe and secure physical and technological environment for all students and employees.						
_•Goal Four:	Promote innovation which focuses on best practices and quality efforts that improve our best-in-class position.						
•Goal Five:	Recruit, develop, retain, and recognize high performing and diverse faculty and personnel.  Build strong partnerships with family, business, community and government at the classroom, school, area,						
<u>X</u> •Goal Six:	and district level.	18.000					
_•Goal Seven:	Ensure district's leadership programs.	as an environment	al steward through innov	ative ecol	ogy and energy o	onservation	

### FINANCIAL IMPACT:

There is no financial impact to the school district.

EXHBITS: (List)

Resolution 09-11

BOARD ACTION:

SOURCE OF ADDITIONAL INFORMATION:

ADOPTED

(For Official School Board Records' Office Only)

James F. Notter

754-321-2600

Phone

## THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA OFFICE OF THE SUPERINTENDENT OF SCHOOLS

Approved in Open Board Meeting on:	AUG 1 0 2000 AUG 2 7 2008				
Ву:	School Board Chair				

Revised July 2008 JFN/jd



# The School Board of Broward County, Florida RESOLUTION

No. 09-11

#### Resolution in Support of Family Day: A Day to Eat Dinner With Your Children September 22, 2008

WHEREAS, our children's health may depend upon the family eating dinner together; and

**WHEREAS**, the National Center on Addiction and Substance Abuse (CASA at Columbia University did a 2006 study titled "The Importance of Family dinner; and

WHEREAS, children in families who eat dinner together more than three times a week are a 70 percent lower risk for substance abuse than those who eat together less frequently; and

**WHEREAS**, children are half as likely to try cigarettes or marijuana, one third less likely to try alcohol, and half as likely to get drunk monthly; and

WHEREAS, children who eat dinner with their family regularly are also more likely to achieve better grades in school, and parents are able to get an enhanced understanding of what is happening in their child's lives; and

WHEREAS, the communication that occurs over the course of a meal is critical in building a relationship with your children and to understand the world in which they live; and

**WHEREAS**, in 2001, CASA implemented "Family Day – A Day to Eat Dinner With Your Children" in an effort to reduce substance abuse in children and teenagers by bringing families together to sit and enjoy a meal and each other's company and will be celebrated on September -22. 2008.

**NOW, THEREFORE, BE IT RESOLVED**, that The School Board of Broward County, Florida, supports Family Day – A Day to Eat Dinner With your Children and further supports and urges all schools, centers and departments and the community to keep the lines of communication open, which is the key to keeping kids' hearts and minds receptive to guidance from the people they need it from the most: their family.

Given at Fort Lauderdale, Florida, this 27th day of August 2008.

THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA

BY: Robin Bartleman, Chair

James F. Notter, Superintendent of Schools